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A DAY FOR MOMS

Melissa Fernandes and her two-year-old daughter Eden celebrated Mother's Day Sunday at the Edmonton Valley Zoo, decorating some crafts to mark the occasion. LEAH GERMAIN/METRO

Man killed in shooting with city police

Southside. Officer injured in gunfight



Gunfire rang out in a southside neighbourhood Sunday night leaving one man dead and an Edmonton police officer in hospital. Police were executing an arrest warrant near 53 Avenue and 149a Street when shots were fired.

"An exchange of gunfire took place, the male subject was struck in the gunfire and was pronounced dead on the scene," said acting Insp. Nicole Chapdelaine at the scene.

She said the officer was

taken to hospital with non-life-threatening injuries. The deceased was the individual that police were attempting to arrest. Mike Humber, who lives across the street from the shooting, thought the gunfire was fireworks.

"We were just in our apartment and all of a sudden we heard bang, bang, bang," he said, adding he was stunned when he emerged from his apartment to see the sizable police presence.

"We have been here for almost five years and we have



never had any issues," he said.

Because the incident involved a member of the Edmonton police, the Alberta Serious Incident Response Team will be the lead investigators.

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Mounties injured

St. Paul ponders store manager's fatal rampage

The attention of an Alberta town shaken by a shootout and the death of a priest has now turned to a local businessman who managed a health and vitamin store.

RCMP said John Carlos Quadros, 55, of St. Paul died Friday evening during a gun battle in which three Mounties were injured. It took place on the town's busiest street while residents fled for cover.

St. Paul Mayor Glenn Andersen said Quadros managed Health Mart 2000, which is located only a short distance from where the confrontation happened. He said no one has an answer about what may have sparked Friday's rampage. "It's a question that could be in everybody's minds forever — what was the stressor? What would provoke somebody to do something like this?" Andersen asked.

RCMP said they continued to investigate the slaying of Father Gilbert Dasna, 32, to try to determine whether his death is related to the confrontation with police.

St. Paul's downtown was bustling on Friday when the bizarre sequence of crimes began. Gunshots rang out near the town's RCMP detachment and police began hunting for a black pickup that was seen leaving the area. At about the same time police got a distress call from the rectory of a Catholic church. When they arrived, they found the priest dead. The Diocese of St. Paul said Dasna was a native of Cameroon who had served the diocese since 2011. **THE CANADIAN PRESS**



Joachim Holtz, executive director of the Alberta Avenue Business Association, stands in front of a commercial property in need of revitalization. RYAN TUMILTY/METRO

Alberta Ave. dealing with 'stragglers'

Derelict business. Community leaders see improvements coming



RYAN TUMILTY
ryan.tumilty@metronews.ca

Community leaders are hoping to address the last few scars on Alberta Avenue's facelift and they are hopeful the market will lead the way.

With improved facades and new businesses all along Alberta Avenue, Joachim Holtz, the executive director of the avenue's business association, said the area has

never looked better.

Holtz said an abandoned gas station on 97 street, the former Shopper's Drug Mart building and the former Dacia restaurant property are some of the only buildings on the block that haven't been redeveloped.

"Stragglers, there are a couple of last stragglers," he said. "They're really the only things left that could use it."

Holtz said thanks to private investment, the city's façade program and community work property values are climbing and more people are moving to the area.

The area's biggest eyesore, the Cromdale Hotel, was torn down in 2012 and Holtz said it's

an example of how changing an old building can really impact a community's mood.

"When the Cromdale finally went down people were elated. We had a party," he said.

Area Coun. Tony Caterina said people want to invest in the area and the few remaining derelict properties will eventually be spruced up, because market forces will take over.

"They aren't the norm anymore. They stand out as eyesores," he said.

Caterina said there's enough investment happening on Alberta Avenue now the momentum should take care of the last few abandoned properties.

Growing area

- The city's façade improvement program will match owners' investments up to \$30,000 for a new façade in several business improvement zones in the city.
- The Alberta Avenue Business Association covers the area from approximately NAIT to Northlands along 118 Avenue.

"The biggest hurdle was getting people to buy into the area."

1 NEWS



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Special police traffic squad putting brakes on drugs

STAT. Stops for basic driving infractions sometimes yield big busts for police



LEAH GERMAIN
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First rule of being a criminal: Don't break the law while breaking the law.

While it might seem like Bad Guy 101, Sgt. David Green of Edmonton's STAT (Specialized Traffic Apprehension Team) says minor traffic infractions have led him and his team to make some major busts in the city.

Since Edmonton Police Service set up STAT two years ago, the team has laid almost 500 drug- and violence-related charges.

Like a patrol team, STAT officers enforce typical traffic violations, but have the luxury to continue the investigation beyond routine traffic stops, following up

By the numbers

172

Edmonton's STAT has laid 172 drug and violence charges in 2014.



The Specialized Traffic Apprehension Team continues to crack down on bad driving and make some serious drug busts. LEAH GERMAIN/METRO

on leads and conducting search warrants.

"It gives our members an opportunity to dig a littler further," Green said, like earlier this year when they pulled over a driver for distracted driving and found about 30 litres of GHB, a date rape drug.

"That amount all at once is a 'holy smokes' moment, for sure," Green said.

Just last year, STAT laid 309 drug and violence charges and seized \$55,009 in cash. Among the drugs seized in 2013 were six kilos of marijuana and almost two kilos of cocaine.

So far in 2014 there have been 172 drug and violence charges, with more than \$24,000 in cash seized.

"The ones we're really excited about here are getting that traffic enforcement for the cellphone, or whatever it is, and then you get the bigger stuff like

drugs or firearms," Green said, adding sometimes it's comical how many times STAT has made big busts thanks to simple driving infractions.

"Something as innocuous as a guy on a cellphone can turn into something so much more."

Fatalities

Women killed in pair of crashes

Two young women were killed in separate crashes over the weekend, according to police.

Edmonton police responded to the first collision shortly after 11:50 p.m. Friday, when a 2003 Mitsubishi Lancer lost control and hit a concrete bus bench on Calgary Trail.

Friends of the 19-year-old woman killed in that collision have confirmed her identity as Shaz Khan.

Upon impact Khan was ejected from the vehicle, and she was declared dead on scene. Both excessive speed and not wearing a seat belt were factors in the fatality, police said, noting there were no other occupants in the car.

The second collision took place Saturday afternoon on 76 Street near 154 Avenue.

Police believe a 1999 GMC Sonoma was travelling westbound on 154 Avenue when it collided with a parked 2011 Chevrolet Silverado.

A 24-year-old woman riding in the passenger seat of the Sonoma died on scene, while the 22-year-old male driver was transported to hospital with non-life-threatening injuries.

Police are still investigating the crash and charges are pending against the driver. **METRO**

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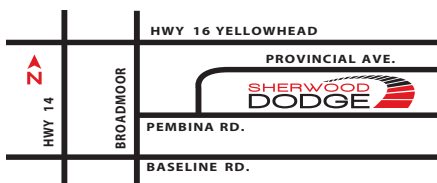
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City needs slut walk: Organizers

There's more to Edmonton's Slut Walk than its name, said organizers, who are hoping residents will look beyond the provocative title.

Slut Walk co-ordinator Danielle Paradis said Edmonton continues to need the event, which spotlights victim shaming and works to dispel common myths.

"We still need Slut Walk in Edmonton because we are still looking at high levels of sexual assault, but we're also looking at high levels of violence against women," Paradis said.

Show your support

The event kicks off May 31 at noon at Wilbert McIntyre Park.

Calling the event Slut Walk has been one of the biggest challenges for organizers, Paradis said, but the residents shouldn't expect it to change.

"It's useful because it's provocative, but some people don't feel like participating for the same reason," she said.

After a local radio station posted an online poll questioning a victim's responsibility in their own assault, local advocate for survivors of sexual assault Stephanie Chard said the city needs the event more than ever.

"As we can tell about recent events, like 630 CHED's poll last month, rape culture is still very, very prevalent in our culture and our society," said Chard, who has spoken publicly about her own experience of sexual assault.

LEAH GERMAIN/METRO



Stephanie Chard, an Edmonton advocate for victims of sexual assault. CONTRIBUTED

Book club bridges the reader-author gap

Skype discussion. Local author connects to Vancouver discussion



RYAN TUMILTY
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A Vancouver book club got dialed into an Edmonton author last week, using Skype to bring writer and readers together.

Michael Hingston's book *The Dilettantes* was released last year and is currently up for an Alberta reader's choice award. The book follows two student newspaper editors facing graduation.

Lee McMordie said when she realized she and Hingston had mutual friends she thought it made a lot of sense to get him

to take part in her book club.

"It just seemed like too good an opportunity to pass up," she said.

Like most book clubs, McMordie said, they often spend a lot of time debating an author's intentions or hidden meanings, but with Hingston actually there the conversation could go on other places.

"Being able to actually hear Mike speak about his perspectives on that was a completely different experience," she said.

Hingston said providing that insight was great because it let him know that parts of the book he loved actually worked with readers.

"Having a book in the world, you are insecure about almost every part of it all the time, so to have certain parts of it validated always feels good," he said.

Hingston said when he has been a participant in book clubs before there's always someone who hated the book, but they were conspicuously absent from this one.

"Nobody said anything like that, some people weren't there so maybe they knew to sit this one out," he said.

Recognition

"To have certain parts of it validated always feels good."

Local author Michael Hingston



Local author Michael Hingston dialed into Lee McMordie's Vancouver book club last week to discuss his novel *The Dilettantes*. RYAN TUMILTY/METRO

Charity event

Hockey game passes 8th day

Spirits are still high as 39 bruised and battered hockey players continue their quest to play a single game for more than 10 straight days.

Hockey Marathon For the Kids is an event that has two squads — Team Hope and Team Cure — facing off in

order to raise money for the Alberta Children's Hospital and to try to break the world record for the longest hockey game.

Sunday marked the eighth day in the marathon.

As of noon Sunday, Team Hope was leading Team Cure by a score of 3,098 to 2,796.

The game continues at the Chestermere Recreation Centre until Wednesday.

METRO

Smoky Lake

Two brothers killed in car crash

Two people are dead after a fatal collision near Smoky Lake Saturday night.

At approximately 8 p.m., RCMP from Smoky Lake and St. Paul, along with Vilna Fire Rescue and EMS, were dispatched to a single-car collision near Goodfish Lake.

Two passengers of the vehicle were found dead on scene, after they had been ejected from the vehicle.

The driver, 18-year-old Tarik Cardinal, sustained non-life-threatening injuries.

Cardinal's two older brothers Jordan Lee Cardinal, 23, and Christopher David Cardinal, 33, were named as the deceased.

Police believe alcohol may have been a factor. METRO

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Insurgents say Ukraine region votes overwhelmingly for sovereignty

Two referendums.

Results could hasten country's breakup

Ninety per cent of voters in a key industrial region in eastern Ukraine came out in favour of sovereignty Sunday, pro-Russian insurgents said in announcing preliminary results of a twin referendum that is certain to deepen the turmoil in the country.

Roman Lyagin, election chief of the self-styled Donetsk People's Republic, said around 75 per cent of the Donetsk region's three million or so eligible voters cast ballots, and the vast majority backed self-rule.

With no international election monitors in place, it was all but impossible to verify the insurgents' claims.

The preliminary vote

count was announced just two hours after the polls closed in an election conducted via paper ballots.

A second referendum organized by pro-Russian separatists was held Sunday in eastern Ukraine's industrial Luhansk region, but no immediate results were released.

Ukraine's central government and the West had condemned the balloting as a sham and a violation of international law, and they have accused Moscow of orchestrating the unrest in a possible attempt to grab another piece of the country weeks after the annexation of Crimea.

The results of the two referendums could hasten the breakup of the country and worsen what is already the gravest crisis between the West and Russia since the end of the Cold War.

THE ASSOCIATED PRESS



Ukrainians living in Russia queue to get their referendum ballot papers and vote in Moscow on Sunday. Residents of two restive regions in eastern Ukraine cast ballots Sunday in referendums that seek approval for declaring sovereign people's republics in the Donetsk and Luhansk regions. THE ASSOCIATED PRESS

Bloodshed

Shooting in east Ukraine

Armed men identified as Ukrainian national guard opened fire Sunday on a crowd outside a town hall in eastern Ukraine, and an official for the region's insurgents said there were an unspecified number of deaths. The bloodshed in the town of Krasnoarmeisk occurred hours after dozens of armed men shut down voting in a referendum on sovereignty for the region. One of them identified the group as being national guardsmen. An Associated Press photographer who witnessed the shooting said two people were seen lying unmoving on the ground.

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New puppy fashion trend: Human overcoats

Cassandra Cantu shields her seven-week-old puppy Kamala from the snow as she walks with friends in the Bear Creek Dog Park in Colorado Springs, Colo., on Sunday. The snowy weather was expected to continue in the area overnight Sunday. MARK REIS/THE GAZETTE/THE ASSOCIATED PRESS

Quebec wants to be exempt from temp-worker ban

Province 'a bit worried'
But federal employment minister's spokesman says there are no plans to lift the moratorium

The Quebec government is calling on Ottawa to lift the ban on restaurants hiring temporary foreign workers — at least in its own province.

Quebec's immigration minister Kathleen Weil was to meet with her federal counterpart Chris Alexander on Monday, according to spokesman Dave McMahon, who said Weil will ask that Quebec be granted an exemption to the moratorium.

torium.

"We are a bit worried about the impact of the moratorium on our restaurants and on our small- and medium-sized businesses," he said Sunday.

"We are ready to work with the federal government to tighten the rules of the program if need be."

Weil is also planning to make the same case to Employment Minister Jason Kenney, who oversees the temporary foreign workers program, McMahon said.

A spokeswoman for Kenney said there are no immediate plans to lift the ban, in Quebec or anywhere else.

"Abuse of the temporary foreign worker program will not be tolerated," Alexandra

Background

Ottawa announced the moratorium last month, after a string of reports alleging the program was being misused by the restaurant industry.

- The moratorium has been widely criticized by industry groups. Quebec's restaurant association called it "exaggerated and unreasonable."

Fortier said in an email.

"Allegations of misuse will continue to be investigated and any employer found to have violated the rules will face serious consequences." **THE CANADIAN PRESS**

Crime

Police arrest trio of teens for series of 'swatting' cases

Three teens, two from Ontario and one from Quebec, are facing charges following an investigation into so-called "swatting" incidents across North America.

A 16-year-old Ottawa youth is facing 60 charges for alleged involvement in dozens of incidents across North America designed to get SWAT teams to respond.

A Milton, Ont., teen was arrested and charged with public mischief two days after an April 30 incident that led to the evacuation of a school.

And a 15-year-old boy from Laval, Que., was arrested Thursday and charged with allegedly using a telephone or a computer to target a shopping centre, two private homes and the same school twice.

Officers investigating the Milton incident said they learned the accused had planned for the threat to be delivered by an "on-line" acquaintance, whom they said they identified as a 16-year-old from Ottawa believed to be responsible for dozens of incidents.

THE CANADIAN PRESS

Tighter control. Justice Department cuts \$1.2M from its research budget

The federal Justice Department has chopped \$1.2 million from its research budget, and is tightening control to ensure future legal research is better aligned with the government's law-and-order agenda.

Previous legal research in the department sometimes caught senior officials "off-guard ... and may even have run contrary to government direction," says an internal report for deputy minister William Pentney.

The reduction means the loss of eight experienced legal researchers, most of them social scientists.

The result is a diminished research capacity, which now must be better controlled from the top to ensure it supports the government policies, says the report.

"The review confirmed that there have been examples of work that was not aligned with government or departmental priorities," says the October 2013 document, obtained by The Canadian Press under the Access to Information Act.

Some past projects have "at times left the impression that research is undermining gov-

'Significant loss'

The budget cut on April 1 this year — described as a "significant loss of resources" — represents about 20 per cent of research spending, and arises from deficit-cutting measures first set out in the 2012 budget.

ernment decisions."

The report did not cite specific studies, but a department report last year on public confidence in the justice system appeared to be at odds with the Conservative government's agenda.

Researcher Charlotte Fraser found many Canadians lacked confidence in the courts and prison system, but suggested it was the result of misunderstanding rather than any failures in the system, and that education could rectify the problem.

Critics said the finding was contrary to the government's approach, which is to pass tougher laws and impose harsher penalties rather than to cultivate a better-informed public. **THE CANADIAN PRESS**

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International outrage

Gov't refused help for weeks

The president of Nigeria for weeks refused international help to search for more than 300 girls abducted from a school by Islamic extremists, one in a series of missteps that have led to growing international outrage against the government.

The U.K. first said it was

ready to help the day after the mass abduction on April 15, according to the British Foreign Office. And the U.S. has said it offered help and was in touch with Nigeria "from Day 1" of the crisis, according to Secretary of State John Kerry.

Yet it was only on Tuesday and Wednesday, almost a month later, that President Goodluck Jonathan accepted help from the U.S., Britain, France and China.

The delay underlines what has been a major problem in the attempt to find the girls: an apparent lack of urgency on the part of the government and military, for reasons that include a reluctance to bring in outsiders as well as possible infiltration by the extremists.

Jonathan bristled last week when he said U.S. President Barack Obama, in a telephone conversation about aid, had brought up alleged human

rights abuses by Nigerian security forces. Jonathan also acknowledged that his government might be penetrated by insurgents from Boko Haram, the extremist group that kidnapped the girls. Last year, he said he suspected Boko Haram terrorists might be in the executive, legislative and judiciary arms of government along with the police and armed forces.

THE ASSOCIATED PRESS



Catholic nuns attend a mass given in honour of the kidnapped Chibok schoolgirls, in Abuja, Nigeria, Sunday. Failure to rescue the girls, captive for nearly four weeks, has attracted mounting international outrage. SUNDAY ALAMBA/THE ASSOCIATED PRESS

Teen escapee scared to go back to school

Nigerian schoolgirls.

Pope tweets call for prayer with #BringBackOurGirls

that they were frightened by their captors' threats to shoot them. She spoke in the local Hausa language in a phone interview from Chibok, her home and the site of the mass abduction in northeast Nigeria.

The failure to rescue those who remain captive four weeks later has attracted mounting outrage. Last week, Nigeria was forced to accept international help in the search, after ignoring offers for weeks.

More experts are expected in Nigeria to help rescue the girls, including U.S. hostage negotiators and others from Britain, France, China and Spain.

"I am pained that my other colleagues could not summon the courage to run away with me," Lawan said. "Now I cry each time I come across their parents and see how they weep when they see me."

Police say 53 students have escaped. THE ASSOCIATED PRESS

One of the teenagers who escaped from Islamic extremists who abducted more than 300 schoolgirls says the kidnapping was "too terrifying for words," and she is now scared to go back to school.

Sarah Lawan, a 19-year-old science student, spoke Sunday as Nigerians prayed for the safety of the 276 students still held captive. Their prayers were joined by Pope Francis.

"Let us all join in prayer for the immediate release of the schoolgirls kidnapped in Nigeria," the Roman Catholic leader tweeted, using the trending #BringBackOurGirls.

Lawan said that more of the girls could have escaped, but

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Vietnam vets honoured four decades later

The name of U.S. army Spc. Alan Leslie Seamans, of Grafton County, N.H., appears on the wall of the Vietnam Veterans Memorial in Washington. A ceremony Sunday marked the addition of 14 new names to the memorial, including Seamans, bringing the total to 58,300. JOSE LUIS MAGANA/THE ASSOCIATED PRESS

Transgender personnel. U.S. military should review its ban: Hagel

The prohibition on transgender individuals serving in the U.S. military "continually should be reviewed," Defence Secretary Chuck Hagel said on Sunday.

Hagel did not indicate whether he believes the policy should be overturned. However, he said "every qualified American who wants to serve our country should have an opportunity if they fit the qualifications and can do it."

A transgender individual is someone who has acquired the physical characteristics of the opposite sex or presents themselves in a way that does not correspond with their sex at birth.

A panel convened by a think-tank at San Francisco State University recently estimated that about 15,450 transgender personnel serve in the military and in the National Guard and Reserve.

In 2010, Congress passed legislation allowing gays and lesbians to serve openly. Hagel said the issue of transgender people serving in the military is more complicated. He said "these issues require medical attention" that at times cannot be provided in

Serving with pride

"Many of our allies, including the U.K., Australia and Israel, allow transgender people to serve with pride and honour in their armed forces. It's time for the U.S. to join them."

Allyson Robinson, policy director of SPART*A, an advocacy group made up of LGBT people who now serve, or once served, in the military

austere locations.

The National Center for Transgender Equality said it welcomed Hagel's comments, which were made on ABC television's This Week. The organization's executive director, Mara Keisling, said the regulations that disqualify transgender recruits and service members are based on outdated prejudices and stereotypes.

A military review of transgender issues could occur as it also deals with questions about how to treat transgender prisoners.

THE ASSOCIATED PRESS

Colombia

Former leader summoned over allegations

The office of Colombia's top prosecutor jumped into a presidential feud between a past and current president on Sunday, summoning Alvaro Uribe to substantiate suggestions that drug money went into the campaign of current President Juan Manuel Santos.

THE ASSOCIATED PRESS

Jamaica

Heavy security ordered in capital after protests

Authorities ordered a heavy security presence in a section of Jamaica's capital Sunday after residents put up roadblocks to protest the killing of two men by police.

The Jamaica Constabulary Force said the men were killed late Saturday when they engaged officers in a shootout. One pistol and three rounds of ammunition were seized after the gun battle, police said. THE ASSOCIATED PRESS

Monument set to reopen after nearly 3 years

Restoration. Memorial honouring George Washington closed since 2011 earthquake caused severe damage

More than 150 cracks have been repaired, rainwater leaks have been sealed, and the 130-year-old Washington Monument is set to reopen Monday for the first time in nearly three years since an earthquake caused extensive damage.

The memorial honouring George Washington was closed about 33 months for engineers to conduct an extensive analysis and to restore the 555-foot-high stone obelisk, once the world's tallest structure.



The Washington Monument prior to the reopening.

MOLLY RILEY/THE ASSOCIATED PRESS

The monument's white marble and mortar were cracked and shaken loose dur-

ing an unusual 5.8-magnitude earthquake in August 2011 that sent some of the worst vibrations to the top. Debris fell inside and outside the monument, and visitors scrambled to evacuate. Later, engineers evaluated the damage by rappelling from the top, dangling from ropes.

Now new exhibits have been installed, and visitors can once again ride an elevator to look out from the highest point in the nation's capital.

The full restoration cost \$15 million US. Businessman and philanthropist David Rubenstein contributed \$7.5 million US to pay half the cost and expedite the repairs.

The monument normally draws about 700,000 visitors annually. THE ASSOCIATED PRESS

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Thailand. People warned to avoid protest sites

Thailand's caretaker government warned people to stay away from protest sites for their own safety and said Sunday it would tighten security to prevent clashes between pro-government and anti-government protesters who held competing rallies in Bangkok over the weekend.

The two groups were several kilometres apart, but concerns of violence have risen following a court's ouster of Prime Minister Yingluck

Shinawatra last week.

Anti-government protesters, emboldened by the constitutional court's ruling Wednesday to dismiss Yingluck for nepotism, ramped up their efforts on Friday to bring down what remains of Yingluck's administration by laying siege to television stations, surrounding state offices and demanding lawmakers help them install a non-elected prime minister.

THE ASSOCIATED PRESS



An anti-government supporter rests in his tent at a campsite in downtown Bangkok, Thailand, Sunday. VINCENT THIAN/THE ASSOCIATED PRESS

Syria ignores civil crisis to launch election campaign

Opposition denounces June 3 vote as a sham.

On billboards and in posters taped to car windows, new portraits of President Bashar Assad filled the streets of Damascus on Sunday as Syria officially opened its presidential campaign — despite a crippling civil war that's devastated the country and left large chunks of territory outside of government control.

With the country so bitterly divided, it remains unclear how the government intends to hold a credible vote in the middle of the conflict. But officials have brushed aside such doubts, and have forged ahead undeterred.

Assad faces two other candidates in the race: Maher Hajjar and Hassan al-Nouri, both members of the so-

called internal opposition tolerated by the government. But the men are relatively unknown, and neither has the full weight of the state behind him like Assad does.

The presence of other candidates on the ballot represents a shift in Syria. Until now, Assad and his father have been elected by referendums in which they were the only candidates and voters cast yes-or-no ballots.

Analysts say that the vote was likely set for mid-summer to give the military and its allied militias time to seize more ground, particularly key urban centres, before citizens head to the polls.

With a mix of brute force and negotiations, the government last week struck a deal with the last rebel holdouts in Homs to allow some 2,000 opposition fighters and civilians safe passage to rebel areas in the north. The government once more has control of Homs. **THE ASSOCIATED PRESS**



Pro-Syrian government protesters chant slogans to show their solidarity as they hold up portraits of Syrian President Bashar Assad with his father, Hafez Assad, during a demonstration in the port city of Sidon, Lebanon, Sunday. The posters read, "With you forever." MOHAMMED ZAATARI/THE ASSOCIATED PRESS

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Brett Crawford, left, and Mike Thom cut up the carcass of a blue whale in Woody Point, N.L., on Sunday
PAUL DALY/THE CANADIAN PRESS

Blue whale racks up large price tag

Trout River. The man leading the Royal Ontario Museum's effort to dismantle the large mammal says the job is getting expensive

Newfoundlanders who want to keep at least one of two giant blue whales that washed ashore on the west coast of the island may get their wish.

The man leading the Royal Ontario Museum's effort to dismantle and transport those remains to Toronto says he must review plans to handle both carcasses.

"My commitment when I came in was to do at least one whale and my hope is to do both of them," Mark Engstrom, deputy director of collections and research for the museum, said during a break from the smelly job.

"We're doing the Trout River whale and then I have to reassess my budget and see where I am in terms of whether or not I can actually do the Rocky Harbour whale," he said.

Those extra costs include towing the first carcass from Trout River to adjacent Woody Point where it could more easily be worked on, Engstrom said. The second body is still resting in shallow water near the Rocky Harbour fish plant in



The Royal Ontario Museum's experts have made progress carving and dismantling the dead blue whale. KATE ALLEN/TORSTAR NEWS SERVICE



The skeleton can eventually become part of an exhibit at the museum. KATE ALLEN/TORSTAR NEWS SERVICE

Gros Morne National Park.

They are among nine rare and endangered whales that became trapped in pack ice earlier this spring.

Rocky Harbour Mayor Walter Nicolle had expressed relief when the museum offered to add the whales to its collection and make scientific data available to global researchers.

Engstrom declined to discuss the budget. But he said in an earlier interview that the museum's expenses would reach tens of thousands of dollars and he hoped they wouldn't exceed \$100,000.

Local businesswoman Jenny Parsons is part of the new Trout River Blue Whale Committee hoping to establish its own exhibit. The idea that both whales would go to Ontario was seen by many as a lost opportunity.

But as the federal government passed responsibility to the province and provincial officials stayed quiet, the museum stepped in.

The big question is who would pay to take responsibility for the second whale. Parsons' group wants to start raising funds and resources.

THE CANADIAN PRESS

B.C.

Highway of Tears progress delayed

Mayors and other leaders say the province has yet to contact them about what needs to happen to protect women along a stretch of highway in northern British Columbia known as the Highway of Tears.

What emerges is a picture of slow progress that appears to contradict the province's claims that it has been holding meetings about the issue with local governments.

THE CANADIAN PRESS

Kootenay region

Woman killed in canoe accident

A 19-year-old woman is dead and three male youths are missing after a canoe overturned in a lake in B.C.'s West Kootenay region.

RCMP Sgt. Darryl Little says emergency crews were called to Slocan Lake Saturday, where they found the woman and rushed her to hospital. THE CANADIAN PRESS

Zebra mussels. Manitoba to combat invasive species

They are small clam-like creatures that seem to spread in the blink of an eye and squeeze the life out of the rivers and lakes they inhabit.

This summer, those who grapple with zebra mussels will watch Manitoba, where officials are using a unique experiment to stop an invasion.

Once the ice recedes on Lake Winnipeg, a silk curtain will be lowered to the lake floor to seal four infested harbours.

Liquid potash will then be pumped into the water until it

reaches a lethal concentration for the mussels.

The technique has been tried in a closed quarry, but it is believed this is the first time it will be used in open water.

The potash plan will cost \$500,000, but many say it could save millions down the road if it works.

Those who depend on the lake for their livelihoods are concerned about the experiment and the impact it could have on the short fishing season. THE CANADIAN PRESS



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Red tape allowed diplomats to flee: Cops

Human trafficking case. Couple fled before immunity could be waived



JOE LOFARO
Metro in Ottawa

Ottawa police say bureaucracy

was a contributing factor to a diplomat couple fleeing Canada once the pair found out they were going to be charged with forcing a Filipino woman into "modern day slavery."

Police made the investigation public Friday in a news release, saying a diplomat at the Embassy of the Philippines and her husband allegedly exploited their 26-year-old nanny

for financial and material benefit. The woman came to Canada legally, spoke very little English and worked for the diplomats from July 2009 to December 2013.

The investigation began in December 2013 after a third party made a complaint to police. After months of investigation police wanted to arrange an interview with the couple,

but nothing could be done without their diplomatic immunity being waived.

"The embassy is the one that ultimately decides if the immunity is waived," said Insp. Paul Johnston of Ottawa police in an interview Sunday. "We don't have the means to arrest someone unless that waiver is provided to us. We knew it was a possibility they could leave

the country."

On April 30, Ottawa police sent a request to the Department of Foreign Affairs, Trade, and Development (DFATD) in order to lay the charges against the two foreign nationals.

However, DFATD informed police on May 5 that the couple had surrendered their identification cards to the department and returned to the Philippines.

Bueneflor Cruz, 44, and Robert Cruz, 45, are now wanted on Canada-wide arrest warrants. They were jointly charged with trafficking a person by exercising control, receiving material or financial benefit in the commission of trafficking, and withholding or destroying identification documents for the purpose of facilitating an offence.

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Justice reforms. Former inmate talks rise and fall of tough-on-crime era

John Witherow tried robbing a jewelry store — and walked away with a treasure trove of insights into the American justice system.

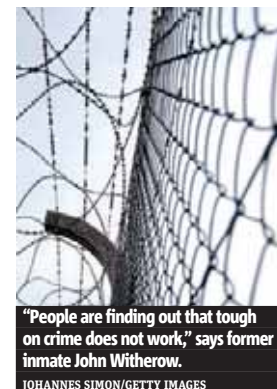
His star-crossed participation in a stickup attempt in Reno, Nev., earned him 26 years in prison in an era of drastic change in U.S. justice policy, from the rise of the tough-on-crime approach to its more recent fall from favour.

Witherow shared his story during a conference in Washington, where there is bipartisan momentum behind a number of justice reforms designed to reduce prison costs and increase rehabilitation of inmates. Because of his seven prior convictions, mainly for robberies, Witherow received an especially long sentence for attempted robbery with use of a weapon. This was in 1984.

When he arrived in the Nevada prison system, he recalls, prisoners were able to get out early for good behaviour, and some were getting college degrees. Witherow himself managed to turn his life around when he got paralegal training. But he says things changed pretty quickly.

"It was just the start of the maybe-we-should-get-tough-on-crime era," said Witherow.

The prisons filled. Sentences grew longer, education pro-



"People are finding out that tough on crime does not work," says former inmate John Witherow.

JOHANNES SIMON/GETTY IMAGES

grams were chopped.

Witherow said things started changing in the early 2000s, as Americans became concerned about the financial burden.

A study released last week says states' combined prison costs have increased 400 per cent since the 1970s. About 40 states have now relaxed at least some of their drug laws, and imprisonment levels have dropped in the U.S. for the first time in over a generation.

He offers a message to Canadians when told about the mandatory minimum sentences being added to the Criminal Code: "Don't fall into the trap of tough-on-crime."

THE CANADIAN PRESS

Nanaimo shooting

Hundreds attend memorial services

Two men who died in a shooting at a Vancouver Island sawmill last month were remembered in separate memorials on Saturday as people who loved life.

Friends and family remembered 53-year-old Fred McEachern as a "genuine guy" who wanted to be a participant rather than an

observer in life.

McEachern and 61-year-old Michael Lunn died when a lone gunman entered the Western Forest Products sawmill in Nanaimo and started firing.

Later in the day, hundreds gathered at another ceremony to remember Lunn. A sea of people wearing red shirts — an homage to Lunn, who wore his favourite colour red every day to work — left only standing room at the church. THE CANADIAN PRESS

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The Chinese have bought into Alibaba — should you, too?



HOW TO ROLL
Alison Griffiths
metronews.ca

Is it time to start saving your pennies for a run at Chinese Internet monolith Alibaba when it comes to a stock exchange near you? Perhaps.

First of all, it's going to be a humdinger of an Initial Public Offering (IPO). When Alibaba Group Holding Ltd. shares are listed sometime this year on either the New York Stock Exchange or NASDAQ, the company could have a market value anywhere from \$175 to \$250 billion US. That will make it one of the largest companies on the planet; perhaps it will even crack the Top 10.

Quick guess. What is the largest company in the world? Apple Inc., Wal-Mart Stores Inc., Exxon Mobil Corp.? Nope. According to Forbes Magazine, top spot goes to Industrial & Commercial Bank of China Ltd. (ICBC), a Chinese bank,

Market value

\$250B

When Alibaba Group Holding Ltd. shares are listed sometime this year on either the New York Stock Exchange or NASDAQ, the company could have a market value anywhere from \$175 to \$250 billion US.

with assets of \$3.1 trillion.

But if you rank companies by market capitalization (the value of shares outstanding), Apple wins at \$483 billion, followed by Exxon Mobil, Google Inc. and Microsoft Corp.

Back to Alibaba. As is the case with most IPOs, there will probably be an investor honeymoon throughout what is called the lock-up period. It usually lasts from 90 to 180 days after the IPO launch during which insiders, such as owners or founders, cannot sell their shares.

When a lock-up period expires, listed companies often sag. Remember Facebook Inc.? It had a number

of lock-up periods, which isn't typical for IPOs. When the first one expired, the shares plummeted to just under \$20, a loss of about 50 per cent.

However, Alibaba is a very different company than Facebook. Unlike the social media networking giant, it is vastly diversified as the largest e-commerce company in China. Part virtual shopping mall and part Internet payment service with a dash of B2B and B2C (business-to-business and business-to-consumer) marketplace, Alibaba has its fingers in everything to do with online consumption in the world's most populous country.

And, as Business Week staffer Drake Bennett recently put it, "China, it seems, has only begun to shop."

Nonetheless, technology IPOs are notoriously risky. If you do manage to get your hands on some shares early on, watch the stock price carefully and consider selling half before the lock-up period expires.



Through the (unintentional) looking glass

It seems the new Shangri-La hotel on the upper floors of the Shard — a famous skyscraper in London (pictured here) — offers rooms with a view, but it isn't always what guests expect. A design quirk means glass panels protruding from the building can act as mirrors once internal lights are switched on at night, so in some rooms it's possible to get a glimpse of neighbouring guests. Darren Gearing, the executive vice-president and hotel general manager, said in a statement Saturday that blinds are available for privacy. Guests will be advised when they check in. The Renzo Piano-designed 72-storey building is unique in that it features entire walls that are windows. The hotel in the 1,017-foot tower opened recently. **TEXT: THE ASSOCIATED PRESS; PHOTO: PETER MACDIARMID/GETTY IMAGES**

London's billionaires

U.K.'s capital city now the capital city for billionaires

A new study of the super-rich finds that London, U.K., has become the capital of the world's wealthiest, with more billionaires than any other city.

The Sunday Times, which published the list, says London has 72 residents whose fortunes exceed 1 billion pounds (\$1.6 billion US).

THE ASSOCIATED PRESS

Sorry, not sorry?

Nintendo sorry, but still won't add gay avatars

Nintendo is apologizing and pledging to be more inclusive after being criticized for not recognizing same-sex relationships in English editions of a life-simulator video game. But the publisher said it was too late to change the game.

Nintendo came under fire from fans and gay rights organizations recently. **THE ASSOCIATED PRESS**

Low-carb pasta?!

Pasta maker settles lawsuit over ad claims

A company accused of falsely advertising the health benefits of its nationally distributed Dreamfields Pasta has agreed to pay \$5 million US to consumers as part of a class-action settlement.

The complaint alleges claims that the product was a low-carbohydrate alternative to traditional pasta were bogus. **THE ASSOCIATED PRESS**

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BEWARE THE DOWNTOWN DESERT

A quote commonly attributed to Wayne Gretzky is that the way to score goals is to go where the puck is going, not where it is.

It's somewhat ironic then that the city where the Great One played for so many years seems intent on doing quite the opposite.

The actions of our city council and administration are firmly fixed in the present. Both council and administration seem to be unaware of what is happening in other cities.

For decades in North America, the trend has been for people to flee to the suburbs at the first possible opportunity.

But that is changing. Many people, especially the young, have decided that living in the city core is their preference. By doing so, they no longer need a car; a bike or their feet will do just fine in getting them to where they want to go.

It also makes it easier to take advantage of the cultural attrac-



URBAN COMPASS
Terence Harding
edmonton@metronews.ca

tions that exist in the core. And yet our municipal mavens think that expanding ever outwards is the way to go. Even Calgary has admitted that is an unsustainable strategy. Not us. We think Edmonton should stretch out to Leduc.

As our cultural demographic changes, we are seeing more people who think it's quite possible to raise children in apartments and condos as is done all over the world. In Vancouver, this phenomenon has led to overcrowded schools in the downtown.

What are we doing here? We are letting our current population be siphoned off into the black hole of suburbia where schools cannot handle the increase in enrolment.

What are we doing here? We are closing inner-city schools. When more families move into the centre, we are going to end up bussing children to far-away schools.

Out, out, out

Our municipal mavens think that expanding ever outwards is the way to go. Even Calgary has admitted that is an unsustainable strategy. Not us. We think Edmonton should stretch out to Leduc.

All this is not to say that Edmonton hasn't seen a significant increase in condos and apartments in the core. That's a good thing.

But what's it going to be like for the people who live in them? Where are the parks? Where will they play with their children? What about schools? And don't be pointing to our nearly inaccessible river valley. People want to go to a park that's close by. What we have, and are creating, in the downtown is a concrete desert. And just in case our civic commissars don't realize it, neither things nor people grow very well in a desert.

ZOOM

Smooching Moose for the win



Halifax Mooseheads forward Stefan Fournier, second from right, plants a smooch on Jonathan Drouin after a first-period goal in Game 5 of the QMJHL final on May 14, 2013. JEFF HARPER/METRO FILE

Metro photographer gets the prize

A picture-perfect moment of two Halifax Mooseheads players celebrating a goal during last year's QMJHL final — by locking lips, no less — has landed a Metro Halifax photographer an Atlantic Journalism Award.

Jeff Harper was one of three finalists in the category of newspaper photojournalism feature at Saturday night's awards ceremony in Halifax.

METRO

Brotherly love captured in a kiss

Harper won for his once-in-a-lifetime shot of jubilant Mooseheads Jonathan Drouin and Stefan Fournier celebrating a goal with a quick brotherly smooch during Game 5 of the QMJHL final against the Baie-Comeau Drakkar at the Metro Centre.

Halifax won that game, and the series in five games, to take home its first-ever President's Cup title. The photo was shared by thousands and received media coverage from outlets across Canada. METRO

Swept up



"It was in the moment and I'm going to kiss my brother.... By the way, for all the ladies out there, Jo's a great kisser."

Stefan Fournier, commenting last May on teammate Jonathan Drouin's technique

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...



In this issue, you can find AR enhancements on page 13 in News, page 16 in Business, page 18 in Scene and page 25 in Sports

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MetroTube

Not all whale stories end in explosions and bits and pieces



ANDREW FIFIELD
metronews.ca

You only need cast your eyes to the blue whales that washed up on the shores of Newfoundland to learn that it's been a tough few weeks for threatened whale populations.

But at least there's a glimmer of good cetacean news from the southern hemisphere, courtesy of New Zealand skipper Joe Brogan, who leaped into the ocean to free a baby humpback that had become entangled in trap lines. Don't dwell too much on the fact a whale was entangled in netting to begin with. (Via Joe Brogan/YouTube)



ISTOCKPHOTO

2 SCENE

Directing Locke took Knight on an unconventional ride

Making the ordinary mesmerizing. Directing Locke was just the kind of challenge Steven Knight was looking for



NED EHRBAR
Metro World News in Hollywood

Prolific British writer and director Steven Knight wanted to do something unconventional when he came up with the idea of Locke, a film about an ordinary man (Tom Hardy) driving across England while dealing with personal and professional crises via speakerphone. What's unique is that the entire story is told from within the car, seemingly in real time. It was an idea so unique, Knight found, that some car companies didn't want any part of it.

Where did the idea to do such a contained setting for a film come from?

I'd just finished making a conventional film, and a couple of things had happened. One was that I'd noticed how beautiful and hypnotic urban environments at night shot from inside moving vehicles are. You get this moving light



Actor Tom Hardy and director Steven Knight attend the Locke premiere during the 70th Venice International Film Festival at the Sala Darsena in Venice, Italy, in September, 2013. GARETH CATTHERMOLE/GETTY IMAGES

show, which I found quite beautiful. At the same time I was trying to take filmmaking back to the very basics of what the job is, which is to get a load of people into a room, turn off the lights, and have them engage with a screen. How many other ways are

there of doing that? To make life more difficult for myself, I wanted to make the main character the most ordinary person in the world — he's married, he's got two kids, he works in construction with concrete. There is nothing about him that would

make the papers. This is a very ordinary tragedy, and I just wondered if audiences would go with it.

And how did you go about getting Tom Hardy involved?

He was quite keen to play a straight role because

he's always larger-than-life monsters or villains or whatever. This is probably his first straight role as an actor. It was Tom who brought the Welsh accent into it because he's got a friend who's Welsh, and he said, "He's a very ordinary, straight person so I'll do that voice." The character was always going to be concrete, he was always going to be ordinary, and then Tom invested that with the thing that he brings to every role.

So how did you like the BMW?

It was fine, but originally we were going for a Land Rover, and they didn't want to do it. Because it's such a weird concept and weird idea, I think people just thought we were mad. And so we went to BMW. A lot of people have asked, "So did you get some sort of great deal from BMW?" But we didn't. They just said, "You can have two vehicles for 10 days, and then give them back to us at the end." That was it. Retrospectively, I wish I had made more of it.

The car comes off very well in the film.

I know! It never breaks down or anything (laughs).

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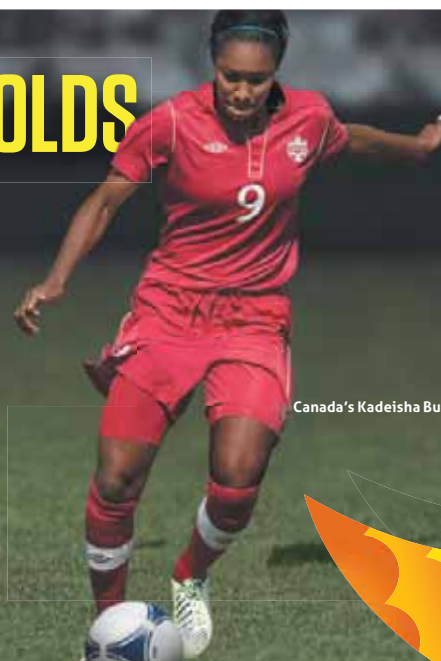
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Canada's Kadeisha Buchanan

For Mogwai, the song remains the same

Eight albums and counting. Veteran post-rockers remain as down-to-earth as ever

LINDA LABAN
Metro World News

Scottish post-rock band Mogwai aren't much for words, but the instrumental post-rockers' latest record Rave Tapes, which they are currently touring in support of, includes a spoken-word passage about Led Zeppelin's lyrics being satanic cyphers. Lest there be lawsuits, it's a re-recorded but real warning from a Christian broadcast, whose announcer clearly overlooked the fact that Robert Plant was busy singing about Hobbits and hedge-rows.

"Yeah, he's actually singing about Hobbits," laughs Mogwai's multi-instrumentalist John Cummings. "There's plenty in Led Zeppelin's music that's ridiculous; you don't have to make up stuff."

But why sample something about Led Zep's penchant for the dark side at all? Well, once upon a time, Mogwai were also known as bad boys of rock (or post-rock at

least) mostly for the decibel-pushing volume of the band's instrumental epics, which had critics fearing for their eardrums.

"We were young once," says the quietly spoken Cummings with a touch of irony. "We just enjoyed what seemed like all the free beer. I don't think we're like that anymore. On the whole, we were just loveable scamps."

Over eight albums, rather than petulance, volume has proven a pertinent texture in the band's far from (always) heavy music. What with scoring the European TV series Les Revenants (think: Resurrection), the Zidane biopic, and now the cinematic, elegant Rave Tapes, Mogwai have become a dignified post-rock elder statesman.

"We're as much the last men standing as anything else. We just managed to keep going," Cummings says level-headedly. "It seems strange that not more bands manage it. Hopefully, over time, you get to know how to not annoy other people as much as they get to know how not to annoy you. It's not that difficult to put up with each other, really."

That attitude goes when making music, too. Not having a vocalist or a lead guitarist or a dominating musical element has left Mogwai

leaderless and truly democratic creatively. Such flexibility has allowed the band not only to continue, but also evolve.

"In the beginning there was malleability in various areas because we were clueless," Cummings says. "When you don't know anything about it, you're more than happy to follow someone

else's lead."

He says "clueless," but it seems more like "wise enough to listen."

Cummings isn't so sure about that theory and has a more common-sense explanation: "That's sounds a bit grandiose," he says. "If you don't know what you're doing and someone else does, then, yeah, follow them."

Quoted

"It seems strange that not more bands manage it. Hopefully, over time, you get to know how to not annoy other people as much as they get to know how not to annoy you. It's not that difficult to put up with each other, really."

John Cummings, Mogwai on the band's longevity



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Mogwai are currently on tour with Majeure. STEVE GULLICK



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Courtney Love ALL PHOTOS GETTY IMAGES

Brand was a wee bit too stinky for Love

Courtney Love says that she might have warmed to Russell Brand's advances if it weren't for his odour. "My favourite Russell Brand line was when we first were friends and he tried to hit on me and nothing ever happened," Love tells British talk-show host Alan Carr. "He goes, 'I've had a lot of grand conversations, darling, but none of them ever ended in an orgasm. Can we go to your room?' He's got some good lines."

Apparently not good

enough to overcome the smell, however. "I said to Russell, 'You're too musky for me, man,'" she says. "He is a little musky. We did yoga together and the musk was there."

The former Hole singer isn't the biggest fan of Brand's ex-wife Katy Perry, either, though she tries to play nice. "Katy Perry bores the s— out of me," Love reportedly told a crowd during a show in New York last fall. "She's a nice girl, but she just really bores me."

Dr. Diddy is a unicorn — and you are too

Sean "Diddy" Combs was awarded an honorary doctorate on Saturday from Howard University in Washington, D.C., where he studied business for two years before dropping out in 1990 to pursue music.

Some of the speech was filled with odd Diddy-isms. "I am a unicorn," he told the Class of 2014. "You are a unicorn. We are unicorns."

However, he did impart this piece of excellent wisdom: "Nobody is going to invite you to the front of the



Diddy

line; you've got to push your way to the front of the line."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Michael and Sarah have a ball at the Met Gala



STARGAZING
Malene Arpe
scene@metronews.ca

Michael Sheen and Sarah Silverman are photographed walking the Met Gala red carpet together. Now they just have to do the required Couples' Trip to the Grocery Store and the relationship will be official.

The words and wisdom of Shailene Woodley: 1) Shailene tells David Letterman she eats clay because "clay binds to other materials in your body and helps your body excrete those

materials — that are not necessarily the best for you." 2) Shailene tells TIME that she isn't a feminist because she "loves men" and she doesn't want to "raise women to power, take the men away from the power." 3) She says that making popcorn "is just a weird ritual and it's the best thing on the planet."

Cressida Bonas is on "compassionate leave" from work after her breakup from Prince Harry. Back in my day we just took two Valium and sucked it up.

This week in feuds: 1) Mike Epps calls comedian Kevin Hart "overrated." 2) George Clooney attacks Steve Wynn in an open letter. 3) Seth Rogen has had enough of Justin Bieber and calls him a "piece of bleep." 4) Back in my day we just ... no, we pretty much just talked about our enemies to the press, too.



Ellen Page

Singer allegations are 'super, super disturbing': Page

While Bryan Singer has kept quiet in the wake of his numerous sexual abuse allegations and mounting civil suits, at least one of his X-Men: Days of Future Past stars is addressing the issue.

Ellen Page finds the allegations "super, super disturbing" in an interview with the Hollywood Reporter. "I guess the truth will

come out in the way that it does, but it's hard to hear about someone being in that situation, someone you like working with," she says, adding that whether or not the allegations against Singer are true, "I do think that there's a systematic issue of people in places of power manipulating and abusing young people."

Twitter



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Don't get laid up by disability plan

Sicker shock. Read fine print and tailor coverage to avoid being caught out



GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Imagine the horror of being diagnosed with a progressively debilitating disease. Imagine the relief of knowing that while you have to stop working, you have a group disability plan that will help to make ends meet. Imagine your disbelief when your claim is declined by the insurance company because you just aren't disabled enough in their eyes. It happened to a girlfriend of mine and it could happen to you.

If you want to avoid a nasty surprise when you can least afford it financially and emotionally, take these questions to your benefits administrator at work and make sure you understand the answers you're given.

What's the policy's definition of "disabled" and how long will benefits be paid?

If you can't do the job you were hired to do, will you be paid regardless of what other work you may be able to find? Will partial benefits be paid if you can only work for a few hours a day? A weak definition of disabled can be one of the biggest holes in a plan.

Carol had a disability plan that covered her for her "own occupation" for two years, after which it reverted to "any occupation," which is pretty typical of a group plan. The only way Carol could continue to collect after two years is if she were unable



Don't wait until you get a diagnosis to find out the benefits you need aren't covered by your disability insurance. ISTOCK

to do any work at all. If the insurance company deemed she could be a parking lot attendant, they wouldn't pay.

How much am I covered for, and how will it be taxed?

Most group policies cover employees for a certain percentage of their salaries — often 60 to 75 per cent. Some also have a cumulative maximum. But many people have no idea how much they're covered for or even if their disability income will be taxed. Many group policies paid for by an employer generate income that is not taxed. If you pay the premiums directly from your after-tax income, or if your premium is a taxable benefit, then the money you receive on a claim is tax-free.

If you find that the income you receive from your disability coverage is taxed, the next question is this: Will the money be enough once tax is taken?

Does my policy have a residual disability feature?

In the case of a slow recovery or deterioration because of a progressive disease, this feature becomes very important. Without it, years may pass before your claim can begin because you must meet the insurance company's definition of "totally disabled." Since most group plans have limited benefits for residual disabilities, the seams of your safety net may not be as strong as you think they are.

What are the exclusions on my policy?

An exclusion is something you aren't covered for. Typical exclusions include travel outside Canada, pre-existing conditions, mental, nervous disclosure, and alcoholism. The list can be wide and varied. If your malady falls within the list, you've got a hole in your safety net.

People often don't carry

individual disability insurance because they believe their group coverage is fine. Smart people who want to make sure that they are well-protected don't rely on the off-the-shelf version. They look to an individual policy to supplement it. Carol bought low-cost private coverage that would kick in after the first two years of her group coverage expired. This group offset insurance is cheap because the wait period (the time before benefits are paid) is so long.

The other important issue in favour of an individual policy is that you may not always have your group plan. A change in jobs, the decision to stay home to raise a family, or self-employment could all leave you with no coverage.

It's complicated

Buying disability coverage is complicated. Not only are there rigorous health criteria, you must also show proof of in-

What to look for

When shopping for an individual plan, look for:

- A policy that is non-cancellable and guaranteed renewable so that the contract cannot be changed or cancelled when you may not qualify for another plan.
- An inflation or cost-of-living rider, which is a good way to increase your monthly benefits. While this can be expensive, you must consider it in the context of the impact of inflation on your purchasing power.
- A future insurability rider, which will allow you to increase your benefits without additional health questions. If you anticipate significant increases in your future income, make sure you have this feature.

come relative to the coverage you're applying for. That often excludes new entrepreneurs from coverage at least until they have a two-year earnings history. And as you get older, not only does new coverage get more expensive, it becomes more difficult to qualify.

You need the help of a qualified insurance advisor when you go shopping for disability insurance. With so many sizes and styles out there, it's very easy to buy one that looks good on the hanger but just doesn't fit. Using a generalist may get you in trouble. The good fit comes with a fine tailor who can customize a disability plan just for you.

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SHOPPERS DRUG MART

From moccasins and meadows to a high-heeled, haute couture career

A model upbringing?

North of Normal chronicles an unconventional childhood in the Canadian wilderness and its impact on a future in fashion

Cea Sunrise Person graced magazines, catalogues, print ads and TV commercials for nearly two decades as an international model — a stark contrast to childhood years spent living in the Canadian wilderness.

In her memoir, *North of Normal*, Person chronicles her unconventional upbringing with her pot-growing, free-loving family dwelling in a teepee and living off the land. The book also reveals

the challenges of life with her late mother Michelle as the duo left the family behind and Michelle pursued a string of topsy-turvy relationships.

The Vancouver-based author writes of her anti-establishment grandfather known as Papa Dick who decided to relocate the free-spirited family of hippies from California to Canada.

Eighteen months after Person's birth to her teen mom in 1969, her family relocated to a remote piece of land near a First Nations reserve in northern Alberta. Until the age of five, Person and her mother lived with Papa Dick, her grandmother and aunts in Kootenay Plains and Morley, Alta., hunting and gathering their food and creating a stove dubbed the Guzzler fashioned out of an old barrel.

"I had dresses made from hides ... my grandmother would sew my moccasins



Cea Sunrise Person's modelling career has seen her living in New York, Los Angeles, Paris, Munich, Hamburg, Zurich and Milan.

SHIMON KARMEL/THE CANADIAN PRESS

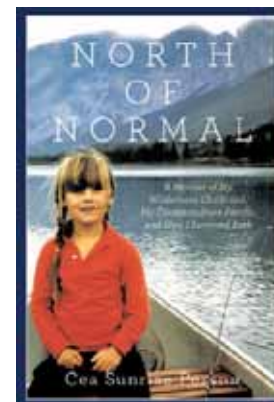
from leather she'd tanned herself," recalled Person in an

interview, noting that the rest of her clothing came from Salvation Army when her grandfather made occasional trips into town.

Person, 44, recalled an "amazing feeling of freedom" as a self-described nature child galloping in the meadow and fields. But exposure to more adult activities as a youngster also left lingering memories for Person which she candidly shares in her memoir.

"I felt so alone in my experiences because how can you tell your friend when you're 10 years old you've seen and heard sex happen in front of you 100 times?.. Or that your mom smokes pot every day or that your mom's boyfriend does mushrooms?"

"Putting it out there made me feel a lot less alone. And it



Resilience on the runway

"Even though the world of modelling has its dark side, for me, it was a saviour. It gave me the independence that I needed."

Cea Sunrise Person
Author of *North of Normal*

made me feel like I hope that I can connect with some people out there who may have had the same experiences."

Despite seeing the writing experience as cathartic, she admits it was hard to write about her early teen years prior to starting modelling when she felt "rudderless."

"I wasn't the wilderness child anymore. I was terrified of my future because I didn't want to end up like my family. I didn't know what my escape route would be, but I desperately wanted a different life and I didn't know what it was going to be like."

Modelling helped to serve as an anchor, as Person worked full-time in the industry from age 13 to 30. While Person said she enjoyed the chance to travel to amazing locales, her memoir also illustrates the not-so-glamorous side of the business, like living in grungy apartments or seeing other girls battling bulimia.

Person credits her wilderness smarts and a resourcefulness and resilience built from childhood in being able to emerge relatively unscathed.

"It was a healthy escape for me. Even though the world of modelling has its dark side, for me, it was a saviour. It gave me the independence that I needed."

While she often felt like an outsider growing up and found difficulty forging friendships, Person was able to form those connections with other models, many of whom she remains close with today.

"The thing with modelling is it seems to attract a lot of people who do feel like outsiders in their own life," she said. "You end up being in these environments where you're working for a few days with someone from Sweden, someone from Texas, someone from Australia and you form friendships very quickly and learn about each other's life stories very quickly, and then you sometimes never see each other again, or you see each other again in a year."

"It's a very tight bond that you get with these girls because we're in such an interesting, weird world together."

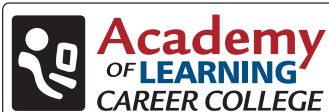
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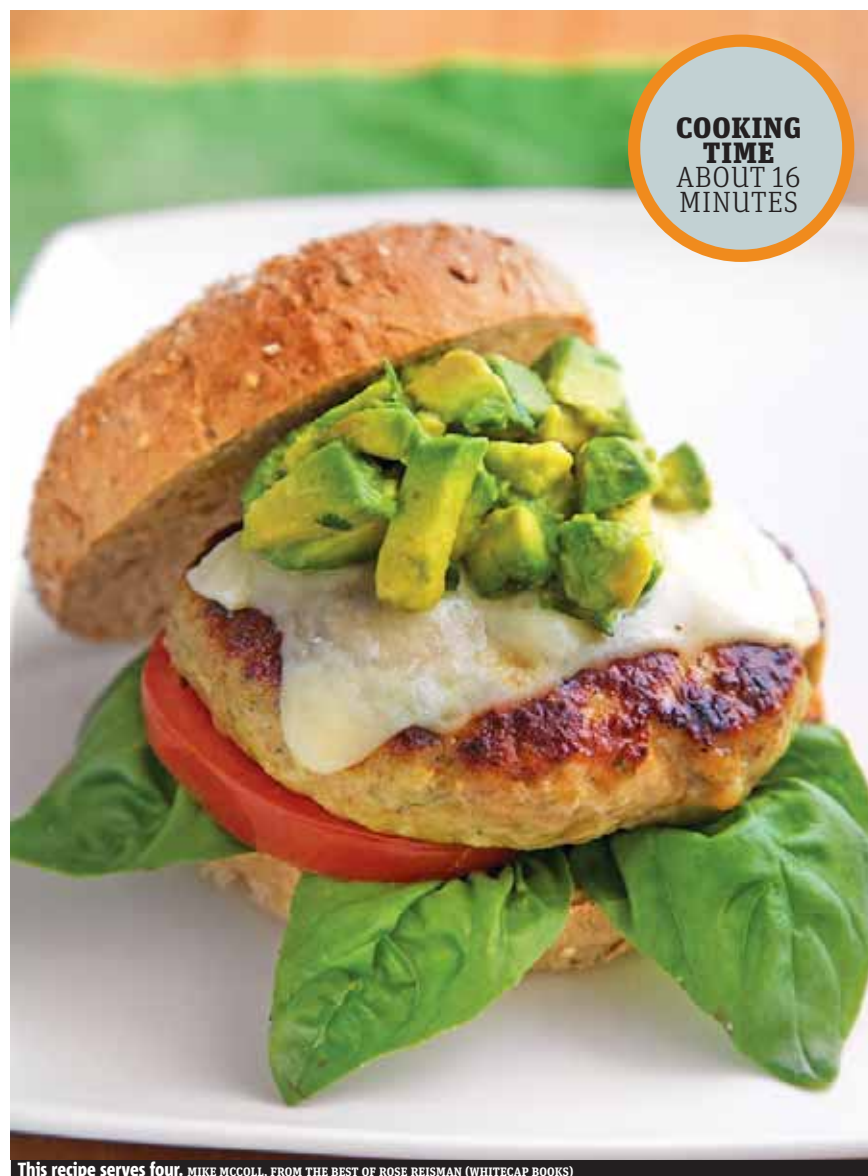


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Grilled Chicken Pesto Burger: Give this summertime fave some California love



This recipe serves four. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Grilling Week. Victoria Day officially launches barbecue season. Let Metro help kick it off with a week's worth of ideas for outdoor dining



ROSE REISMAN
For more, visit
rosereisman.com or
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Come May Long Weekend, barbecue season will be in full swing. For my part, I love cooking up a great tasting burger.

In recent years we're being warned about ingesting excess amount of beef, so my go-to burger is a lean chicken patty, which screams "California cuisine" thanks to its lovely presentation and fresh approach. Just to compare, a ground 4 ounce beef burger will have close to double the calories and fat of a ground white chicken burger.

There's nothing better than a homemade burger, which gives you control of everything you're adding.

I like to buy a combination of both white and dark ground chicken, but you can use just white if you don't have both on hand.

The great flavour of this burger comes from the secret ingredient — pesto — which is added right to the meat.

I like to make my own pesto when basil is in season and freeze it in small containers for use all year. You can visit rosereisman.com for pesto recipes. You can

FLASH FOOD



From your fridge
to your table in
30 minutes or less

also use store-bought pesto, but keep in mind that they tend to have excess oil, making them much higher in calories and fat.

The toppings of cheeses, avocado and tomatoes make this dish a winner.

You can prepare these burgers up to a day in advance. Simply cook them just before serving.

Directions

1. Combine the ground chicken, egg, seasoned bread

Ingredients

- 1 lb ground white and dark ground chicken
- 1 egg
- 1/3 cup seasoned dry bread crumbs
- 2 tbsp pesto sauce
- 2 tsp crushed garlic
- 3 tbsp minced green onions
- pinch of salt and pepper

crumbs, homemade or store-bought pesto, crushed garlic, minced green onions, and salt and pepper.

2. When the ingredients for the patties are fully combined, form the mixture into 4 burgers.

3. Either grill or bake the burgers at 425 F until they are no longer pink, about 8 minutes per side, or until internal temperature reaches 165 F. Add the cheese and cook just until melted.

4. Place the cooked burgers on a multi-grain bun and garnish with diced avocado, tomatoes and basil leaves.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

Nutritional information

Per serving

- Calories. 304
- Carbohydrates. 3.5 g
- Fibre. 6 g
- Protein. 23.7 g

- Total fat. 20.8 g
- Saturated fat. 7.6 g
- Cholesterol. 100 mg
- Sodium. 361 mg

Let maple syrup sweeten up those fries

Sweet potato fries are a popular food trend today, replacing the typical white potato french

Ingredients

- 2 large sweet potatoes (about 1 1/2 lb), unpeeled and scrubbed
- 2 tbsp vegetable oil
- 4 tsp maple syrup
- 3/4 tsp cinnamon
- 1/4 tsp ground ginger
- pinch of nutmeg
- 3 tbsp chopped parsley

fries. They are more nutritious than white potatoes.

In fact, sweet potatoes are truly a superfood: a medium sweet potato contains more than your daily vitamin A requirement, a third of your vitamin C intake and 15 per cent of your daily fibre.

They are considered a low-glycemic food, which controls blood sugar levels and contain antioxidants that may help in the fight against cancer.

But you should beware of these orange fries in restau-

rants and in the frozen section of your supermarket as they are always deep-fried, adding excess calories and fat.

You can cut the potatoes for this Sweet Potato Wedges with Maple Syrup recipe any way you want — into large wedges, chunks or thin fries. Just watch the baking time, since smaller pieces will require less time.

1. Preheat the oven to 425 F. Lightly coat a rimmed baking sheet with cooking spray.

2. Cut the sweet potatoes in

half lengthwise and then cut each half into 3/4-inch strips. Place on the prepared baking sheet.

3. Combine all the remaining ingredients except the parsley in a small bowl. Brush half the maple syrup mixture over the sweet potatoes.

4. Bake in the centre of the oven for about 10 minutes per side, brushing again halfway through with remaining mixture. Garnish with parsley.

ROSE REISMAN



This recipe serves six. ROSE REISMAN



Linesman Steve Miller separates Rangers forward Dominic Moore and Penguins defenceman Kris Letang during New York's 3-1 win in Game 6 of their second-round series. ELSA/GETTY IMAGES

St. Louis pushes past pain in Game 6

NHL playoffs. St. Louis' early goal helps Rangers avoid elimination

If Martin St. Louis wasn't a fan favourite during his first two months with the New York Rangers, he certainly became one during a very emotional weekend.

St. Louis came to New York in March in a deal in which popular team captain Ryan Callahan was shipped to Tampa Bay. When he didn't light up the scoreboard right away, the Madison Square Garden crowd was slow to warm to him.

That all changed Sunday night.

Three days after the sudden death of his mother, St. Louis scored 3:34 in, and the Rangers avoided elimination for the second straight game by beating the Pittsburgh Penguins 3-1.

Game 7 of the Eastern Conference semifinal series is Tuesday in Pittsburgh. New York advanced in the first round with a Game 7 win over Philadelphia.

St. Louis rejoined his teammates for Game 5 in Pittsburgh on Friday, after a quick trip to Montreal to be with his family. That dedication inspired his teammates during a 5-1 win and carried over to Sunday.

"It's probably one of the cooler things I've been a part of in my professional career," said Derek Stepan, who earned

Blackhawks back on track

Jonathan Toews had a rebound goal early in the third period, and the Chicago Blackhawks beat the Minnesota Wild 2-1 on Sunday night to take a 3-2 series lead in the Western Conference semifinals.

an assist on St. Louis' goal. "The emotion on that goal is something that I will never forget."

Fans were already chanting "Mar-ty, Mar-ty" on his first shift. The cheers got louder after he scored. St. Louis, the first star of the game, patted his heart when he came out to an ovation from the crowd.

"Mother's Day, my dad is here, my sister is here," St. Louis said. "It's been a tough time for my whole family. To be able to get the lead in the first period, it was a good one."

But not the prettiest of goals. St. Louis got in good position in front of the net. Stepan swiped at the puck in traffic and knocked it off St. Louis' right leg and into the net.

"I got a pretty good bounce," St. Louis said. "I know (my mother) helped me through this. It's a great win by the guys."

Carl Hagelin pushed the Rangers' lead to 2-0 just 2:51 later, and Henrik Lundqvist stopped 36 shots to keep Pittsburgh at bay.

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NBA playoffs

George pushes Pacers to brink of conference final

Paul George poured in a career playoff-high 39 points and added 12 rebounds to lead the Indiana Pacers back from a 19-point deficit and past the Washington Wizards 95-92 on Sunday night to move one victory away from returning to the Eastern Conference finals.

The Pacers lead the second-round series 3-1 and can close it out Tuesday night, hosting Game 5.

George played 46 minutes and scored 28 points after halftime Sunday, including making six of his franchise playoff-record-tying seven three-pointers.

THE ASSOCIATED PRESS

Golf

Kaymer holds on to win Players Championship

Martin Kaymer made a 30-foot par putt on the 17th hole and held on to win The Players Championship by one shot over Jim Furyk.

Kaymer appeared to have this one in the bag until a rain delay. He made double bogey on the 15th hole and was in trouble in the island-green 17th hole. His ball stopped a foot from going into the water. His chip was weak and came up 30 feet short. He made the putt to stay a shot ahead, and made par on 18 for the win. THE ASSOCIATED PRESS



Players Championship winner Martin Kaymer THE ASSOCIATED PRESS

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Sam: Feeling like the first pick of the draft

NFL. St. Louis Rams select gay football player 249th overall out of 256 selections

Michael Sam waited and waited. Hours passed, rounds came and went, and eventually, there were only eight more picks left on the third and final day of the NFL draft.

For just a moment, it looked as if his chance of being picked by a pro team and becoming the league's first openly gay player might take a detour. Or at least be delayed.

The call finally came Saturday from the St. Louis Rams, the team right down the road from where Sam played his college ball at the University of Missouri.

Sam was selected in the seventh and final round and admitted it was a frustrating wait. He



Michael Sam cries as he talks on a mobile phone after he was selected in the seventh round by the St. Louis Rams on Saturday. ESPN/THE ASSOCIATED PRESS

said teams that passed on him chickened out and he should have been drafted sooner.

"From last season alone, I should've been in the first three rounds. SEC Defensive Player of

the Year, All-American," Sam said. He stopped short of directly saying his stock dropped in the draft because he came out.

"You know what, who knows? Who knows? Only the

people who sit in the war room know," he said. "They saw Michael Sam, day after day they scratched it off the board. That was their loss. But St. Louis kept me on that board. And you know what? I feel like I'm a (Jadeveon) Clowney, a first draft pick. I'm proud of where I am now."

Sam came out as gay in media interviews earlier this year. His team and coaches knew his secret and kept it for his final college season. He went on to have the best year of his career: He was the co-defensive player of the year in the NCAA's best football conference and had 11.5 sacks.

When Mike Kensil, the NFL's vice-president of game operations, walked to the podium and said: "The St. Louis Rams select ... Michael Sam ..."

the fans gave a hearty cheer, chanting "Yes! Yes! Yes!" and "Michael Sam!"



Jays tripping over Angels

The Angels' Howie Kendrick dives into third base, knocking down the Blue Jays' Juan Francisco in Toronto on Sunday. Hank Conger homered and drove in a career-high five runs to power the Los Angeles to a 9-3 win. The Angels will look to complete a four-game sweep of the Jays on Monday night. FRANK GUNN/THE CANADIAN PRESS



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Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

3	8	7	2	5	4	1	6	9
5	9	1	6	7	8	3	4	2
2	6	4	9	1	3	7	5	8
8	4	9	5	3	1	6	2	7
6	1	5	7	8	2	4	9	3
7	3	2	4	6	9	5	8	1
9	5	3	1	2	6	8	7	4
4	7	8	3	9	5	2	1	6
1	2	6	8	4	7	9	3	5

7		3		4		1	9	
	1	9						
			5					4
3		8	6					
9			1		4			7
				3	5			8
5				2				
						4	6	
	4	2		9		7		3

Horoscopes

Aries

March 21 - April 20

Rivals seem to know what you are doing, even when you are not sure. That puts you at a disadvantage. Either be more secretive or find ways to tap in more effectively to what's going on around you.

Taurus

April 21 - May 21

Be true and resist temptation to cut corners merely because no one can stop you. This is a great time for group activities and it will be even better if you are all working together on the same ethical level.

Gemini

May 22 - June 21

With Mercury, your ruler, linked to ambitious Mars as the new week begins, there is no reason why you should not reach the top of the tree in your chosen career. Yes, you do have what it takes.

Cancer

June 22 - July 23

Trust your instincts and keep on trusting them even when the powers that be say you've got it all wrong. Listen to what your inner voice is trying to say and then act on what it tells you. You don't need any other advice.

Leo

July 24 - Aug. 23

Something you have kept secret for a long time will come to the surface over the next few days. In a way it will be a relief as you will no longer have to play games and pretend to be who and what you know you are not.

Virgo

Aug. 24 - Sept. 23

Don't try to keep your thoughts to yourself today because loved ones will be able to read on your face what it is you are hiding. Be honest about what is going on in your head and your heart.

Libra

Sept. 24 - Oct. 23

Some things may seem funny to you but not everyone will laugh at your jokes today. Most likely it's because they resent you being the centre of attention all the time. That's too bad — the limelight is there to be hogged.

Scorpio

Oct. 24 - Nov. 22

This is a positive and potentially passionate time for you but to make the most of it you have got to be more outgoing. Let those you are attracted to know that you are interested — don't leave them guessing.

Sagittarius

Nov. 23 - Dec. 21

Try not to come on too strong when debating with others. You may have all the best opinions and the facts and figures are certainly on your side but make allowances for those who don't share your passion for the truth.

Capricorn

Dec. 22 - Jan. 20

You seem amazingly open at the moment, which is great. But watch out you don't let slip information that it might be sensible to keep to yourself. You don't have to tell everyone about everything.

Aquarius

Jan. 21 - Feb. 19

If you are looking for ways to make money you will come up with plenty of ideas over the next 24 hours. The only danger is you may do nothing with them. One good idea acted on is better than a dozen that just sit there.

Pisces

Feb. 20 - March 20

You will be more inclined than usual to take risks. So long as they are calculated risks that's fine — you will come to no harm and could even make money — but if you act recklessly the fall could be spectacular. **SALLY BROMPTON**



Up-to-date scores

Canada

TOP 5

1 **178 points**, Saudah - Toronto

2 **157 points**, Brad - Ottawa

3 **155 points**, Niramay - Toronto

4 **155 points**, Samir - Toronto

5 **147 points**, Ritik - Vancouver



See this symbol? You can scan the photo above with your Metro News app to play the game. The top 5 winners will be announced May 15th in the Metro News app and will win a Jumpstart prize. Subject to terms and conditions. QC not eligible. canadiantire.ca/jumpstart

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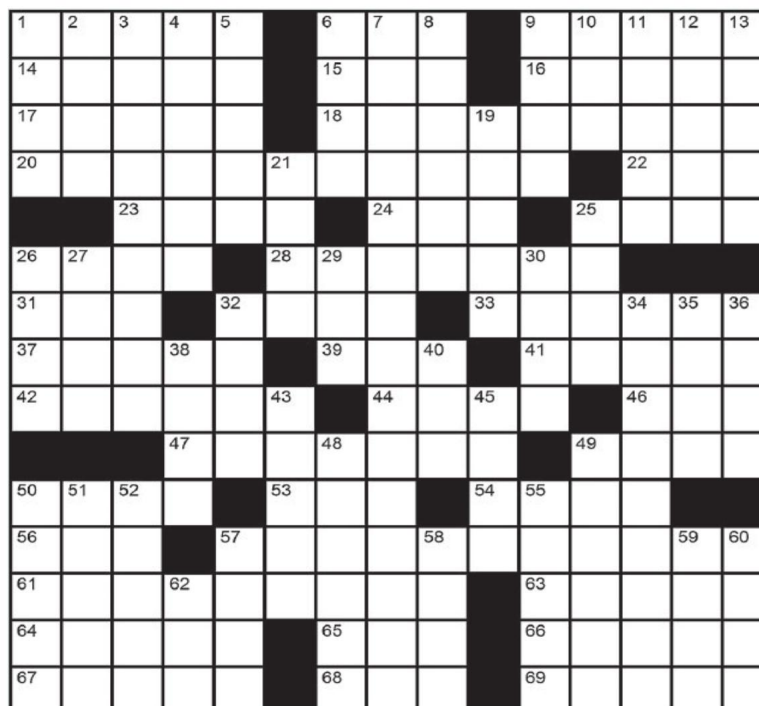
Friday's Crossword



Crossword: Canada Across and Down

Across

1. Ottawa's 'Parliaments', e.g.
6. Canadian broadcaster Erica
9. Mark ___ ('Shark' on ABC's "Shark Tank")
14. Off-white
15. PBS funding org.
16. Repent
17. ___ closet
18. British band, The ___ (See #7-Down for more!)
20. William and Harry's dad, one day: 2 wds.
22. Meshwork
23. Title in Turkey [var. sp]
24. Israel: ___ Aviv
25. Tidying target
26. Pouches
28. Montreal-born actress Rachelle
31. 'Smell'-meaning prefix
32. Mr. Bridges
33. Dodges
37. Important exam
39. "Unpretty" group
41. Inference
42. 'The New Classic' Australian artist Iggy
44. Retreat
46. Vintage record label
47. "___ Annie" (1933) starring Canadian actress Marie Dressler
49. Acme
50. Inventor, Thomas ___ Edison
53. LummoX



54. ___ . Hall: "Harper Valley P.T.A." song-writer
56. US auditing agcy.
57. ___ (Like green rocks)
61. Instrument for Canadian musician Walter Ostanek
63. Thwart
64. Canadian actress

- Ms. Katic
65. Baby bear
66. Toxin type
67. Stephen ___ Bank of Canada governor
68. Utah's capital [acronym]
69. Chooses
- Down**
1. Defraud
2. Nero's 57

3. Iroquoian Chief of Stadacona (Present-day Quebec City)
4. Musician Mr. Allman's
5. Harmonization, briefly
6. One-named singer
7. Song by #18-Across that goes "She's been gone such a long

- time...": 4 wds.
8. Actress Ms. Matlin
9. Bus alternatives
10. ___ possidetis (As you possess, at law)
11. 'Sea' suffix (Carried by the ocean)
12. South American mountains
13. Soarer's structures
19. Inquire

21. Healthy
25. Honey drink
26. Furniture piece
27. NBC's "Parks and Recreation" star Mr. Ansari
29. Dine
30. Campsite visitor, e.g.
32. Cordon ___ (Great chef)
34. British Columbia: Sparwood attraction 'Terex Titan' is a gigantic what?: 2 wds.
35. "Behold!" to Brutus
36. Classic record label
38. Edmonton's prov.
40. Motorists org.
43. Be kind, Do ___ turn
45. Be not-nice, Stick ___
48. ABCs
49. Joni Mitchell song that goes "The drone of flying engines..."
50. Audibly amazed
51. 'Milk'-meaning prefix
52. Singer's helper, ___ Coach
55. Blatant
57. "I'm Yours" singer Jason
58. "Squawk Box" network
59. Ms. Brickell, Paul Simon's wife
60. Shelters
62. Lennon's love

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